Asthma is a condition in which your airways narrow and swell and may produce extra mucus. This can make breathing difficult and trigger coughing, a whistling sound (wheezing) when you breathe out and shortness of breath. For some people, asthma is a minor nuisance Symptoms: Cough; Wheeze 520.000 people have asthma586.000 kid's have lost day of school just in 20161 in 9 adults have asthma